



# WFMH

## World Federation for Mental Health

### 2007 ANNUAL REPORT

#### 2007 WFMH MEMBER ASSEMBLY

The WFMH Member Assembly met in Hong Kong, SAR, China August 20, 2007 at the WFMH Mental Health Congress. Major actions during the Assembly were:

- Installation of the officers and directors for the 2007-2009 Board of Directors
- Acceptance of the reports of the WFMH President, Secretary-General & CEO, and Treasurer
- Adoption of a Resolution supporting ratification of the UN Convention on the Rights of Persons with Disabilities
- Presentation of the address by the incoming WFMH President, Professor John Copeland.

#### 2007 – 2009 WFMH Board of Directors

The installation of the members of the 2007-2009 Board of Directors during the 2007 Member Assembly meeting marked the culmination of a new procedure for nominating and electing the Board. The new procedure, adopted in 2006 following recommendations from the WFMH Task Force on Organization & Structure created increased opportunities for members of WFMH to submit candidates for inclusion on the election ballots and provided for a direct balloting by Voting Member Organizations to select the membership of the Board. The 2007 – 2009 Directors and Officers installed during the Member Assembly are:

#### Officers

President	Professor John Copeland (United Kingdom)
President-elect	Anthony Fowke AM (Australia)
Immediate Past-President	Shona Sturgeon (South Africa)
Treasurer	Charles G. Ray (United States of America)
Corporate Secretary	Brian Howard (Ireland)
V-P – Constituency Development	Professor Shridhar Sharma (India)
V-P – Program Development	L. Patt Franciosi, PhD (United States of America)

#### Regional Vice-Presidents

Africa	Dr. Felicien Ntone-Enyime (Cameroon)
AsiaPacific	Deborah Wan (Hong Kong SAR China)
Eastern Mediterranean	Dr. Haroon Chaudhry (Pakistan)
Europe	Dr. Helen Millar (Scotland)
Latin America	Dr. Roger Montenegro (Argentina)
North America	Richard Studer (United States of America)
Oceania	Dr. Helen Herrman (Australia)

#### Directors

Dr. Mohammed T. Abou-Saleh (United Kingdom)	Gabriela Camara (Mexico)
Professor George Christodoulou (Greece)	Sylvester Katontoka (Zambia)
Elizabeth Matare (South Africa)	Raluca Nica (Romania)
Dr. Mercedes Rivas-Torres (Costa Rica)	Professor Brian Robertson (South Africa)
Dr. W. T. Soong (Taiwan)	

## 2007 PROGRAM SERVICES REPORT

### ADVOCACY AND EDUCATION

**WORLD MENTAL HEALTH DAY:** The theme for **World Mental Health Day 2007** was ‘**Mental Health in a Changing World: The Impact of Culture and Diversity**’. This theme was selected to call attention to the fact that, during the past decade along with scientific and medical advances in the understanding and treatment of mental illnesses, the need to recognize how culture effects mental health issues has become increasingly important in the environment of rapid migration and the emergence of a multicultural workforce in mental health services in many countries. The 2007 World Mental Health Day campaign was launched with a commemorative forum held in Washington, DC on October 10th jointly sponsored by WFMH and the Pan American Health Organization (PAHO). More than 6000 WMHDay packets were distributed worldwide for the 2007 campaign.

**INFORMATION SERVICES** is a major ongoing program service of the WFMH Secretariat. Through this service, WFMH staff annually responds to several thousand written, e-mail, telephone, and website requests for mental health information materials, service referrals, research and education resource references, covering a wide range of subject materials. This function also includes updating and enhancing the WFMH website and exhibiting at selected conferences of other organizations.

**BREAKING THROUGH BARRIERS DEPRESSION AWARENESS CAMPAIGN:** WFMH continued promoting the *Breaking Through Barriers* campaign, which we believe is helping address the need to provide accurate and up-to-date information about depression in ways that are easily accessible to individuals with symptoms of depression, their family members and their friends. The campaign aims to improve worldwide standards of care in the diagnosis and treatment of depression and reduce the stigma that surrounds the disorder and serves as a barrier to effective treatment and recovery. Major elements of the campaign during 2007 were a three-day, three-city media tour in Mexico in collaboration with Voz Por Salud Mental, and the release of *The Mind-Body Connection Survey* presented at the European regional meeting of the World Organization of Family Doctors (WONCA) by WONCA and the World Federation for Mental Health (WFMH).

**“LIFE IS A CLASSROOM” ADHD AWARENESS CAMPAIGN:** The WFMH *Without Boundaries* international survey project in 2004 examined the impact of Attention Deficit Hyperactivity Disorder (ADHD) on families and identified strengths and weaknesses in how ADHD is managed in different countries. In contrast to much of the ADHD research undertaken at an international level, our survey was conducted from a parent’s perspective. In 2005, the survey report was published and followed up with a website-based pledge campaign to encourage parents and physicians to make a personal commitment to improve their understanding of this disorder and become more open towards the diagnosis and treatment of ADHD. At the 2007 WFMH World Mental Health Congress in Hong Kong, the “Life is a Classroom” awareness web-based resource, designed to promote enhanced understanding and cooperation among parents of children with ADHD, educators, mental health professionals, and primary care physicians, was previewed.

**WFMH DISASTER RESPONSE INITIATIVE:** The WFMH Disaster Response Initiative has a dual charge: (1) to seek opportunities and means to provide direct assistance to WFMH member NGOs based in disaster zones that are providing mental health assistance to victims and relief workers; and (2) to prepare member organizations to respond to the mental health consequences of future natural and manmade disaster situations. During 2007, WFMH volunteers, staff, and member organizations provided input to the development of the *IASC’s Guidelines on Mental Health and Psychosocial Support in Emergency Settings* through the review process. At the 2007 WFMH World Mental Health Congress, a Pre-Congress Forum on Mental Health Responses in Disaster Situations was convened to increase the awareness and involvement of WFMH member organizations in disaster response preparedness.

**“KEEPING CARE COMPLETE: INTERNATIONAL PERSPECTIVES OF FAMILY MEMBERS AND CAREGIVERS OF PEOPLE WITH SCHIZOPHRENIA AND BIPOLAR DISORDER”** – WFMH and Eli Lilly released the results of the first international survey to gain the perspective of family members and caregivers of people with serious and persistent mental illnesses – schizophrenia, schizoaffective disorder, and bipolar disorder in September 2006. The survey responses came from caregivers in

Australia, Canada, France, Germany, Italy, Spain and the UK. Research into schizophrenia and bipolar disorder rarely opens a dialogue with family caregivers about their important role in the day-to-day life of their family loved ones who suffer from these two illnesses. During 2007, a packet of materials providing fact sheets summarizing the results of the survey from each of the countries involved in the project was released and disseminated widely. Special symposia based on the results of the survey were conducted at the 2007 World Mental Health Congress in Hong Kong and at the First Congress of the Psychiatric Association of Eastern Europe and the Balkans in Thessaloniki, Greece. Keeping Care Complete materials were also distributed at the annual conference of EUFAMI.

**RECOGNIZING AND UNDERSTANDING SCHIZOPHRENIA IN YOUNG ADULTS: AN**

**INTERNATIONAL AWARENESS TOOLKIT:** WFMH released this important and timely mental health awareness packet addressing the need for college and university counseling center and student medical service personnel to have up-to-date information of recognizing and understanding the symptoms of schizophrenia and to develop strategies to ensure early intervention and treatment of the disorder in young adults. The packet has been widely distributed to college and university student counseling and medical services, and to mental health service and advocacy organizations worldwide.

**WFMH REPRESENTATION AT THE UNITED NATIONS AND ITS SPECIALIZED ORGANIZATIONS:**

Since its inception, WFMH has enjoyed a close working relationship with the United Nations and its specialized agencies, including the World Health Organization and UNESCO. During 2007, WFMH's cadre of volunteer representatives at the UN headquarters in New York maintained the Federation's participation in the UN NGO Committee on Mental Health, participated in annual sessions of the UN Commission on the Status of Women, and provided representation in NGO committees addressing issues such as children, human rights, and the rights of people with disabilities. In Geneva, WFMH volunteer representatives monitor activities relating to mental health through the World Health Organization and the UN Commission on Human Rights.

**THE 2007 WORLD MENTAL HEALTH CONGRESS, "The Impact of Culture on Mental Health: East Meets West,"** was held August 19 – 23 2007 at the Hong Kong Polytechnic University. The Host Country Organizations for the 2007 Congress were the New Life Psychiatric Rehabilitation Association, the Mental Health Association of Hong Kong, and the Hong Kong College of Psychiatrists. WFMH's biennial Congress brought together over 1000 representatives of mental health disciplines, mental health associations, consumer/patients, family members and caregivers, and citizen advocates from around the world. WFMH Regional Vice President for the Western Pacific Region, Miss Deborah Wan, chaired the Hong Kong Host Organizing Committee for the Congress. During the Congress, WFMH sponsored a number of major activities, including the George Albee Memorial Lecture on Prevention in Mental Health, the Margaret Mead Memorial Lecture, the Mary Hemingway-Rees Memorial Lecture, and special symposia on World Mental Health Day 2007, and other special projects.

**WFMH CENTER FOR TRANSCULTURAL MENTAL HEALTH:** Throughout 2007, WFMH continued the development of the WFMH Center for Transcultural Mental Health, a project initiated in November 2006. The Center was established as an on-going program component within the Secretariat, and its aims are to develop and disseminate information and support to mental health advocacy, patient/caregiver, and service delivery organizations and groups on issues pertaining to transcultural mental health issues, concerns, policies, and best practices. Two major activities for the Center during 2007 were the International Experts Forum on Mental Health in a Changing World (February 2007), and the First WFMH International Conference on Transcultural Mental Health (October 2007 in Minneapolis, Minnesota).

**FIRST MENTAL HEALTH ADVOCACY LEADERSHIP FORUM:** WFMH organized and coordinated the first-ever mental health advocacy leadership forum by bringing together the key staff and volunteer leaders of EUFAMI, GAMIAN-EUROPE, Mental Health Europe, the World Fellowship for Schizophrenia and Related Disorders, and WFMH for a two-day summit meeting held in Lueven, Belgium in July 2007. This meeting served to promote greater understanding of the mission, principles, and programs of the organizations, improve channels of communication, and promote increased collaboration among these leading international patient/service user, family/care giver, and advocacy organizations.

**PRESENTATIONS AND REPRESENTATION AT INTERNATIONAL CONGRESSES:** An important means for WFMH to reach new audiences, cultivate existing relationships, and enhance its identity and credibility throughout the global mental health sector is through participation at selected major national and international conferences and congresses. This participation is most often through the presentation of plenary session talks, workshop presentations, and staffing of the WFMH exhibit. Most often, plenary and symposia presentations will be made by the WFMH President, Immediate Past President, President-elect, or Secretary-General/CEO. During 2007, WFMH was presented, and/or made presentations, at the following conferences:

- 2007 Annual Conference of the American Psychiatric Association (San Diego, CA, USA)
- The Congress of the World Fellowship for Schizophrenia and Related Disorders (Toronto, Canada)
- The International Conference of the World Psychiatric Association (Melbourne, Australia)
- The EUFAMI Conference (Tourin, Poland)
- The International Association for Suicide Prevention Conference, (Kilarny, Ireland)
- The First Eastern European and Balkans Psychiatric Conference (Thessaloniki, Greece)
- African Association of Psychiatrists and Related Professions Conference (Nairobi, Kenya)
- WPA Section on Psychiatry in Developing Countries 1<sup>st</sup> International Conference on "Improving Mental Health Care in Developing Countries, Lahore (Pakistan)
- Official Launch Event for The Lancet Series on Global Mental Health (London, England)

### **PROJECT DEVELOPMENT**

During 2007, WFMH undertook three major project development efforts in the area of Advocacy and Education:

- **International Awareness Packet on Generalized Anxiety Disorder:** This packet will provide up-to-date, evidence-based information and awareness materials for use by mental health organizations to increase understanding of the symptoms, treatment and management of Generalized Anxiety Disorder. This packet will be released during 2008.
- **International Awareness Packet on Bipolar Disorder:** This comprehensive awareness packet on Bipolar Disorder is targeted to individuals, families, and the general healthcare practitioner and is intended to inform and educate people who are affected by Bipolar Disorder. It will be released during 2008.
- **The Online Directory of Mental Health Patient/Service User, Family Member/Carer, and Advocacy Organizations:** This major project is being undertaken to create the first comprehensive on-line international directory of non-governmental organizations and support groups serving patients/service users and families/caregivers of people with mental illnesses, and to identify mental health advocacy and education organizations (such as Mental Health Associations). The directory will be launched through the WFMH website during 2008.

### **WFMH AFRICA INITIATIVE PLANNING PROJECT**

The World Federation for Mental Health (WFMH) received a planning grant in August 2007 from The Ford Foundation to design, plan and organize the first initiative in Africa focused to address the mental health consequences of HIV/AIDS for caregivers of people living with AIDS and their families. The ultimate objective of the Initiative will be to increase attention of policy makers, governmental agencies, and non-governmental organizations about the mental health needs of people living with HIV/AIDS and their family caregivers and to strengthen the availability of support programs and services for caregivers and family members of people living with AIDS. A principal focus of the Initiative will be to increase the capacity of grassroots organizations working in the areas of mental health and HIV/AIDS to recognize the mental health supports needed by caregivers and family members, and to promote the development of training and information strategies for grassroots organization staff members to address those needs. During the final quarter of 2007, tasks were completed in conjunction with organizing the first major activity of Initiative, an International Experts Forum addressing the mental health consequences of HIV/AIDS to be held in Cape Town, South Africa, 29 -31 January 2008.

### **PROMOTION AND PREVENTION**

**WFMH OFFICE FOR PROMOTION OF MENTAL HEALTH AND PREVENTION IN MENTAL DISORDERS:** The WFMH Office for Promotion of Mental Health and Prevention in Mental Disorders was established in 2006 within the WFMH Secretariat as a means to formalize and highlight the Federation's

historical and ongoing leadership around promotion and prevention within the global mental health sector. Through the Program Office, WFMH continues its co-sponsorship for the biennial World Conference on Promotion of Mental Health and Prevention of Mental and Behavioral Disorders and serves as the Secretariat for the Global Consortium for Advancement of Promotion and Prevention in Mental Health while seeking new resources to expand its efforts in the areas of mental health promotion and education. Dr. Elena Berger directs the WFMH Office for Promotion and Prevention.

**FIFTH WORLD CONFERENCE ON PROMOTION OF MENTAL HEALTH AND PREVENTION OF MENTAL AND BEHAVIORAL DISORDERS (2008):** The Fifth World Conference on Promotion of Mental Health and Prevention of Mental and Behavioral Disorders, co-sponsored by WFMH, The Carter Center Mental Health Program, and the Clifford Beers Foundation, will to be held in Melbourne, Australia in September 2008. VicHealth is the Host Organization for the Fifth World Conference. During 2007, Dr. Elena Berger provided liaison with the VicHealth Foundation in regard to WFMH's co-sponsorship of this conference.

**THE GLOBAL CONSORTIUM FOR ADVANCEMENT OF PROMOTION AND PREVENTION IN MENTAL HEALTH (GCAPP)** developed from earlier work of the World Federation for Mental Health and The Clifford Beers Foundation of the U.K. The Global Consortium for the Advancement of Promotion and Prevention in Mental Health was officially launched in January 2004, and expanded to include additional organization members at a meeting in Dublin, Ireland in April 2005. Since mid-2006, WFMH has provided coordinating services as the GCAPP Interim Secretariat. Dr. Elena Berger, WFMH Director of Communication and Affiliate Relations had lead responsibility for coordination of the GCAPP and related promotion and prevention activities. WFMH volunteer representatives to the GCAPP Executive Committee are Dr. L. Patt Franciosi (currently the Chair of GCAPP) and Mrs. Beverly Long.

#### **MEMBERSHIP, MEMBER SERVICES, AND PUBLICATIONS**

Membership cultivation, retention and service are major ongoing functions of the WFMH Secretariat. WFMH's membership is comprised of four categories. Voting Member Organizations must have at least a national scope/constituency and have a primary mental health mission. These organizations represent WFMH's corporate membership and have voting rights at the annual Member Assembly meeting. Affiliate Member Organizations can have less than a national scope/constituency and must have at least some level of activity in mental health advocacy, education or service. Affiliate Member organizations do not hold voting rights at the Member Assembly. Individual members come from a variety of organizations and interest in the mental health sector, and are essentially contributing members with no voting rights. Life Members are also individual members who pay a one-time membership contribution of \$500. They are non-voting members. The Secretariat provides communication services to all categories of WFMH members, conducts ongoing membership cultivation, retention and recruitment efforts, and works with the WFMH Nominating Committee and Resolutions Committee on matters pertaining to the participation of the membership in the annual Member Assembly.

#### **NEW WFMH WEBSITE DEVELOPMENT**

A major effort throughout 2007, involving all members of the WFMH staff, was the complete revision and redesign of the WFMH website, [www.wfmh.org](http://www.wfmh.org). As one of the primary means for communicating WFMH's mission and activities to the broader general public, the website was redesigned and formatted following the five major "pillars" of WFMH's strategic positioning plan: Mental Health Awareness and Information Services, Promotion & Prevention, International Advocacy and Constituency-Building, Mental Human Rights and Advocacy, and Recovery-Focused Interventions. Special sections on the site highlight major activities such as World Mental Health Day and the WFMH Center for Transcultural Mental Health. The new website was launched on January 2, 2008.

#### **PUBLICATIONS**

The primary publications of WFMH are a regular newsletter (3 issues annually) and an Annual Report.

## WFMH'S VOTING MEMBER ORGANIZATIONS

ADHD Global Network, USA  
Advocacy France, France  
American Occupational Therapy Association, USA  
American Psychiatric Association, USA  
American Psychoanalytic Association, USA  
American Psychological Association, USA  
Arete Onlus, Italy  
Asai Hospital, Japan  
Asociacion Argentina de Profesionales de la Salud Mental, Argentina  
Asociacion Espanola de Neuropsiquiatria, Spain  
Asociacion Costamiense de Psiquiatria, Costa Rica  
Caribbean Federation for Mental Health, USA  
Chinese Mental Health Corporation, China  
Clearinghouse, USA  
Coalition for Mental Health. Poland  
College of Registered Psychiatric Nurses of Manitoba, Canada  
COMECTA. Mexico  
Costa Rica Association of Psychiatry, Costa Rica  
Costa Rica Psychiatric & Clinical Psychological Assoc., Costa Rica  
Finnish Association for Mental Health, Finland  
Flemish Mental Health Association – VVGG, Finland  
Fundacion de Neurociencias-Spain, Spain  
GEDHJALP, Iceland  
Hellenic Center for Mental Health and Research, Greece  
Hong Kong Guild of Hypnotherapist & Psychotherapist, Hong Kong  
Hungarian Psychiatric Association, Hungary  
Icelandic Mental Health Alliance, Iceland  
Indian Psychiatric Society, India  
International Association of Applied Psychology, Canada  
International Council of Psychologists, USA  
International Federation of Psychoanalytic Societies, Mexico  
International Society for Adolescent Psychiatry & Psychology, USA  
ISeRDIP, Italy  
Israel Psychiatric Association, Israel  
Japanese Association of Psychiatric Hospitals, JAPAN  
Japanese Federation for Mental Health & Welfare, Japan  
Korea Christian Mental Health Institute, Republic of Korea  
Ligue Francaise pour la Sante Mentale, France  
Malaysian Mental Health Association, Malaysia  
Mental Health America, USA  
Mental Health Association in Taiwan, Taiwan  
Mental Health Association of Hong Kong, Hong Kong  
Mental Health Carers Arafmi Australia, Australia  
Mental Health Council of Australia, Australia  
Mental Health Foundation of Australia, Australia  
Mental Health Foundation of New Zealand, New Zealand  
Mental Health Ireland, Ireland  
Mental Illness Education - Australia, Inc., Australia  
Mental Illness Fellowship of Australia, Australia  
National Psychological Association for Psychoanalysis, USA  
New Life Psychiatric Rehabilitation Association, Hong Kong  
Norwegian Council for Mental Health, Norway  
Organisasjonen Voksne for Barn, Norway  
Philippine Mental Health Association, Philippines  
Pro Mente Austria, Austria  
Pro Mente Sana, Swiss Foundation, Switzerland  
Psychiatric Association for Eastern Europe & The Balkans, Greece

Recovery, Inc., USA  
 Richmond Fellowship of Hong Kong, Hong Kong  
 Royal Australian & New Zealand College of Psychiatrist, Australia  
 SEVAC, India  
 Society for Preventive Psychiatry, Greece  
 SPAN USA, USA  
 Spanish Psychological Association, SPAIN  
 Swedish National Association for Mental Health, Sweden  
 Taiwan Association of Clinical Psychology, Taiwan  
 Taiwan Occupational Therapy Association, Taiwan  
 Taiwan Public Health Association, Taiwan  
 The Hong Kong College of Mental Health Nursing, Hong Kong  
 Universal Education Foundation, France  
 Voz Pro Salud Mental, Mexico  
 World Fellowship for Schizophrenia and Allied Disorders, Canada  
 Zimbabwe National Association for Mental Health, Zimbabwe

## 2007 FINANCIAL REPORT

The annual independent audit of the WFMH financial records was conducted by the firm of Penan & Scott, PC, a Certified Public Accounting firm located in Rockville, Maryland (USA). The auditor's statement noted "*In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of the Federation as of December 31, 2007, and the changes in its net assets and its cash flows for the years then ended in conformity with U. S. generally accepted accounting principles*".

### Statement of Functional Expenses – December 31, 2007

#### Program Services

Advocacy & Education	\$ 548,895
Promotion & Prevention	\$ 79,053
Membership	\$ 42,893
2007 Sub-Total – Program Services	\$670,841 (81.3%)

#### Support Services

General & Administrative	\$149,918
Fundraising	\$ 4,436
2007 Sub-Total – Support Services	\$154,354 (18.7%)
2007 Total	\$825,195

A copy of the 2007 Independent Auditor's Statement is available from the WFMH Secretariat. Contact [bjones@wfmh.com](mailto:bjones@wfmh.com).

## 2007 WFMH HONOR ROLL OF SPONSORS AND DONORS

### **Corporations, Foundations and Organizations**

Anonymous Foundation Grant  
 AstraZeneca  
 Boehringer Ingelheim  
 Bristol-Myers Squibb  
 Charles E. Kubly Foundation  
 Eli Lilly & Company  
 Hewlett-Packard Global Impact Matching Gift  
 Institute on Domestic Violence in the African

### **New Life Members (2007)**

A. G. Agrawal  
 David Ames  
 Helen Herrman  
 Vladimir Kebza  
 Darien Midwinter  
 Masafumi Mizuno  
 Jan Pfeifer  
 Carol A. Rayburn

American Community, School of Social Work,  
University of Minnesota  
Minnesota Department of Human Services  
Organon International  
Otsuka America  
Otto Bremer Foundation  
Pan American Health Organization  
The Ford Foundation  
The St. Paul Foundation

**Donated & In-Kind Services**

African American Family Services (MN)  
City of Minneapolis  
Family & Children's Service  
Grotto Foundation  
Mental Health Association of Hong Kong  
Minnesota Fathers and Families Network  
National Alliance on Mental Illness of Minnesota  
New Life Psychiatric Rehabilitation Association  
Northpoint Health and Wellness Center  
Northwest Resources for Families Inc. (NWRF)  
Northwest Hennepin Family Service Collaborative  
NWH & Associates  
Prairielands Addiction Technology Transfer Center (PATTC)  
Southside Community Health Center  
State of Minnesota  
University of Minnesota  
Wilder Foundation  
Words on Fire Communications, Inc.  
The members of the WFMH Board of Directors

**WFMH Futures Society**

**Charter Members**

Larry & Joan Cimino  
John M. Grigor  
John R.M. Copeland

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Elizabeth Beck  
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Carol Jeffre Koplan  
Stephen and Constance Lieber  
Ruth Litjmaer  
Beverly B. Long  
Shirley MacPherson  
Chukwuyen Odiah  
Dale C. Peace  
Jean B. Sanville  
Anta E. Solyom  
Kazuyoshi Yamamoto

**Federated Campaigns**

Independent Charities of America

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***WFMH: 60 Years of Advocacy to Make Mental Health a Global Priority – 1948 – 2008***

*An international non-governmental organization in Consultative Status to the United Nations and its specialized agencies.  
The Federation is a not-for-profit 501 (C)3 organization*