



# Celebrate Mental Health Week with AUT

Thursday 8 October, 2009

## MENTAL HEALTH IN PRIMARY CARE: ENHANCING TREATMENT AND PROMOTING MENTAL HEALTH

### Mental Health Reception and Presentations (5.00pm – 7.30pm)

AUT University invites you to an evening of networking and presentations from our key speakers:

- Professor Max Abbott: Mental health, the past and future
- Frances Edmond: The changing face of mental health – a personal experience
- Hon. Dr Jonathan Coleman: Ministry policy on mental health in primary care
- Professor Bruce Arroll: ProCare primary mental health initiatives and a PHO perspective
- Professor Tony Dowell: Comment and Closing

### Mental Health Workshop – Winning Ways to Wellbeing: Mental Health in Primary Care (1.00pm – 5.00pm)

AUT University in association with the Mental Health Foundation of NZ and Waitemata District Health Board invites you to participate in a workshop to identify how we can shape the future of Mental Health in New Zealand. Speakers include:

- Professor Max Abbott, Ms Judi Clements & Dr Murray Patton: Welcome and Introduction
- Nemu Lallu: Ministry policy on mental health in primary care and recent and planned initiatives
- Professor Tony Dowell: Presentation on the University of Otago national survey
- Professor Bruce Arroll: ProCare primary mental health initiatives and a PHO perspective
- Dr Murray Patton: The role of DHBs in promoting primary mental health
- Judi Clements: Improving mental health and wellbeing

To reserve a place, RSVP online at [www.aut.ac.nz/mhw](http://www.aut.ac.nz/mhw) or email [carole.popman@aut.ac.nz](mailto:carole.popman@aut.ac.nz) by 30 September

For more information visit [www.aut.ac.nz/mhw](http://www.aut.ac.nz/mhw)

Speakers and topics subject to change without notice.

MENTAL HEALTH FOUNDATION  
OF NEW ZEALAND

WAITEMATA  
DISTRICT HEALTH  
BOARD

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